

  
Def. Doc. No. 2246

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GENERAL CONDITION OF STAPLE FOOD RATIONS.  
THE PRISONER OF WAR CAMP, MUKDEN

Extracted from documents VA 24, 25, 26.

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Attachment 2.

Jan. 1943. (Showa 18)

Finding that an increase in supply of protein and fat necessary, difficulties in obtaining them were overcome after much effort and supplies were provided as follows,

1. A. Either sardines, sillagos, or codfish.  
For the healthy men 100 grams per person every other day
- B. Sardines. For the invalided 100 grams per person every day
2. Soya beans. 25% increased, 125 grams per person per day

Feb. 1943 (Showa 18)

1. Observing the fixed rations according to the attachment no. 1 of the Extraordinary Prisoner of War Control rule of the Kwantung Army, as well as the extra supplies according to remarks no. 1 of the same rule utmost efforts were made for the improvement of health, conditions gradually improving.

2. Increase in the supply of subsidiary foods.

4. In line with the decrease of diarrhoea patients, supply of fishmeal and pork were increased.

3. Special cooking for the patients.

a. Special cooking done for the 25 acute patients, with nutrition, digestion, and taste under consideration.

b. Geranium sieboldii supplied in stead of tea and water for diarrhoea patients.

Mar. 1942. (Showa 18)

Same as previous month.

Apr. 1942 (Showa 18)

Health conditions having returned to normal, increase of rations on this account stopped as from Apr. 11th onwards, as

1. Increase of rations (maize flour 190 grams per person per day) limited to workshop labourers.
2. Extra rations and special cooking for patients stopped, but the supply of geranium sieboldii as before.

May 1942. (Showa 18)

1. Labour conditions in the camp considered, as well as the shortage



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of vegetables especially that of potatoes, decides to revert to the old rations for the time being beginning from May 11th.

2. Eggs supplied from May 17th as procurement of meat not being possible and fishmeat not easy.

Jul. 1942. (Showa 18)

Although various kinds of vegetables such as cabbages, KABU-KANRAN, cucumbers, pumpkins, egg plants, tomatoes, were supplied, there was not much difference in the supply of fishmeat as the previous month, being only able to supply cold storage pike two to three hundred grams a week.

Aug. 1942. (Showa 18)

Owing to the shortage of full grown pigs, and an epidemic of disease among them, no meat were obtainable from May, but towards the end of this month, obtained 230 grams of beef, and regular supply in the future was expected. As regards fishmeat and vegetables not much difference to the previous month.

Sept. 1942. (Showa 18)

From the middle of the month beef was easily obtained and rations from April onward were supplied. Therefore ended the supply of fishmeat. Flavorings (pepper, curry powder) and parsley supplied.

Oct. 1942. (Showa 18)

Supply of maize flour altered to 180 grams for those working for the various Co. and 80 grams for the rest, bringing the average supply per person to a little over 140 grams.

Nov. 1942. (Showa 18)

Up to now maize flour was made into porridge and kauliang into porridge or soup, but following the reduction of sugar and soya beans to 30 & 160 grams respectively, bi-carbonate soda was provided occasionally thereby making maize bread and kauliang coffee (without sugar), planning to save materials at the same time preventing the monotony of cooking.

Dec. 1942. (Showa 18)

Sugar rations for normal days reduced to 15 grams beginning Dec. 5th Christmas evening meal menu as follows, but with the exception of apples the arrangement was a reduction of normal day's supply and not an extra ration.

Stews, stewed beans, pork, vegetables, pies, apple pies, maize bread and bread.

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Jan. 1943. (Showa 19)

Fixed rate of fish being obtainable almost regularly average supply of subsidiary food per person per day fixed as follows beginning this month. total calory being 1091 calories, totaling 3190 calories together with the staple food.

Meat 14, fish 17, vegetables 600 soya beans 160 etc.

Feb. 1943 (Showa 19)

Total calories of subsidiary food around 1200 calories, over 3300 calories together with the staple food.

Mar. 1943. (Showa 19)

A part of soup powder and solided soup found in parcels addressed to prisoners and kept in custody, was distributed among the whole prisoners beside the usual ration.

Apr. 1943 (Showa 19)

Maize flour distribution 190 grams for those assigned hard labour and 100 grams for light labour. For patients by surgeon's opinion 190 grams average.

2. Apr. 9th on Easter day extra wheat flour, maize flour, and vegetables supplied.

3. Apr. 16th., there being no labour, biscuits for field use given for lunch and ration of maize flour reduced.

May 1943 (Showa 19)

Average supply per person per day,  
wheat flour 400g. (officers 300) maize flour 150, potatoes 200, carrots 50, salt 30, spinach 100, meat 5, soya oil 20, onions 100, sauce 10, sugar 18, kauliang 80 (officers 60) soya beans 180, fishmeat 21, pepper, curry power, and chillies a little. Total calories 3397 calories.

Jun. 1943. (Showa 19)

Supply per person per day as follows, (figures indicate grams)  
wheat flour 400 maize flour 155, kauliang 80 soya beans 180 vegetables 600 meat 2 fishmeat 18 soya oil 20 and other seasonings.  
Total calories 3637 calories.

In order to prevent the monotony of cooking vinegar was supplied.

Jul. 1943. (Showa 19)

Supplies per person per day, (figures frams)  
wheat flour 400, kauliang 80, maize flour 150, soya beans 80, vegetables 600, fisimeat 12, meat 5 etc., total calories 3278 calories.



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Aug. 1943. (Showa 19)

Supply per person per day, (figures grams)

wheat flour 400 maize flour 190, kauliang 80 vegetables 537, beef 7 fishmeat 13, soya beans 180, and seasonings. Total calories 3460 calories. Maximum amount of maize flour provided as the whole member undertook duties, excepting patients. Potatoes, cucumbers, and pumpkins made up the main vegetable supply. water melon and tomatoes supplied once each.

Sept. 1943. (Showa 19)

Average supplies per person per day, (figures grams)

wheat flour 400, maize flour 150 kauliang 80, soya beans 180, fresh vegetables 550, sugar 18, soya oil 20, meat 20 sauce and other seasonings total calories 3425 calories.

Oct. 1943. (Showa 19)

Average supplies per person per day as follows,

wheat flour 400 maize flour 150 kauliang 80 soya beans 180 vegetables 580 meat 13 fishmeat 22 soya oil 20 and other seasonings, calory totaling 3425.

Extra rations as follows,

1. On Emperor Meiji's birthday, sweet potatoes and pineapples.

2. At the various detachment camps, sweet potato bread, potatoes, sweet potatoes, salt, etc. were supplied according to the prevailing labour conditons.

Dec. 1943. (Showa 19)

Supply per person per day (in grams)

wheat flour 400 kauliang 80, maize flour 150 soya beans 180 vegetables 630, meat and fishmeat 23, soya oil 20, sugar 13 etc. Total calories 3436 calories.

On Dec. 25th Christmas, sweet potatoe pies, apples supplied at main camp, besides meat from companies using prisoners for labour.

Jan. 1944 (Showa 20)

Supplies per person per day during this month as follows. (figures in grams) wheat flour 400, maize flour 150, kauliang 80, soya beans 180, fresh vegetables 700, meat and fishmeat 20, soya oil 20, sugar, sauce etc., total 3517 calories. Extra supplies as follows,

a. New years day, apples 150 grams per person.  
b. At detachments, salt, soya oil, in small quantities supplies according to labour conditons.

Feb. 1944 (Showa 20)

Supplies per person per day during this month as follows, (in grams)

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wheat flour 400, maize flour 150, kauliang 80, soya beans 180, soya oil, 20, fresh vegetables 700, meat and fishmeat 20, sugar, sauce etc. total 3517 calories.

Mar. 1944. (Showa 20)

Supplies per person per day during this month as follows. (in grams)  
wheat flour 400, maize flour 150, kauliang 80, soya beans 180, fresh vegetables 700, soya oil 20, sugar, sauce etc., total 3412 calories.

Apr. 1944. (Showa 20)

Bread rationing commenced from 25th evening meal as follows.

A. Wheat flour 50 grams, maize flour 50 grams used per loaf.

B. Officers and civilians 3 loaves, non commissioned officers are supplied 4 loaves a day besides an extra loaf for those assigned labour.

Supplies per person per day during this month (non commissioned officers and privates assigned labour) wheat flour 375, maize flour 167, kauliang 80, soya beans 175, vegetables 500, soya oil 20, salt 30, sugar 13, meat 4, fishmeat 7. Total 3328 calories.

May 1944. (Showa 20)

Supplies per person per day during this month, (N.C.O.s and privates assigned labour) wheat flour 250, maize flour 250, kauliang 80, soya beans 150, vegetables 1038, thick vinegar 0.14, total 3010 calories.

Jun. 1944. (Showa 20)

Food supply during this month as follows,

a. Staple food,

	wheat flour	maize flour	kaoliang
officers	150g.	150g.	60g.
labourers	250g.	250g.	80g.

b. Subsidiary food,

soya beans 141g. sugar 10g. salt 30g. soya oil 5.2g. sauce 4.8g.  
meat 4.9g. fishmeat 5.6g. spinach 37.1g. HAKUSAI 127.1g. radish  
77.6g. onions 144.1g. leek 7.8g. S. L. 1.9g. potatoes 166.7g.  
carrots 28g. (total amount of vegetables 590.3)

Secretary of the Prisoner of War Intelligence Bureau

I hereby certify that this document is an correct copy of the document under control of the Prisoner of War Intelligence Bureau.

1st of January 1947.

Secretary of the Prisoner of War Intelligence Bureau.

YOKOI. (seal)



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Defense Language Branch

Certificate of Authenticity

I hereby certify that this document is an correct copy of the  
document under custody of the Prisoner of War Intelligence Bureau.

21st of January, 1947.

/s/ Yukio Kait (Sgt.)  
Secretary of the  
Prisoner of War  
Intelligence Bureau.

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Exh NO

奉天俘虜收容所

主要食糧給與實施概況表

抜萃書類 VA 24 25 26 より

本書類は當局に保管してある書類の正確な寫である事を證明する

昭和二十二年一月二十一日

俘虜情報局事務官

横

井

孝

治



別紙二

昭和十八、一  
入手困難ナルモ各種努力ノ結果蛋白質及脂肪増給ノ要ヲ認メ左ノ如ク給  
養ス

ノ、魚類

イ、鰯、鰯、鰯ノ中一種健康者一人當百瓦隔日給養

ロ、鰯 患者ハ一人百瓦毎日給養

2、大豆

二割五分増給シ一人一日百二五瓦給養ス

昭和十八、二

ノ、關東軍臨時俘虜管理規定別表第一ノ定量並ニ同備考第一ノ増給ヲ  
モ實施シ銳意保健向上ニ努メツツアリテ漸次良好ニ成ヒツツアリ

2、副食物増給

下痢患者ノ減少ノ促進及増進ヲ目的トシ主トシテ魚肉及豚肉ヲ増  
給ス

3、患者食特別調理

イ、重症患者二十五名ニ對シ榮養消化嗜好等ヲ考慮シ特別調理ヲ  
實施ス

ロ、下痢患者ニ對シ湯茶代用トシテ「ゲンノシヨウコ」煎出湯ヲ  
飲用セシム

昭和一八、三

前月ニ同ジ

昭和一九、四

健康常態ニ復セルヲ以テ健康狀況ヨリスル増給ハ四月十一日以降取止

メタリ即チ

一、主食増給（一日一人包米粉一九〇瓦）ハ工場、就勞者限定ス

二、患者増給乃至特別調理ハ中止ス但シ（げんのしょうこ）ノ給養從

來通り

昭和一九、五

一、所内就勞狀況並ニ野菜特ニ属鈴薯ノ缺乏ニ鑑ミ五月十一日ヨリ之

ヲ復活當分ノ間繼續ノ豫定ナリ

二、獸肉取得シ得ズ魚肉ノ取得亦稍、困難トナリタル爲五月十七日ヨ

リ鶏卵ヲ支給ス

昭和一九、七

野菜類ハ甘藍、蕪甘藍、胡瓜、南瓜、茄子、蕃茄子、等多種類ニ互リ

シモ魚肉類ハ前月ト大差ナク冷凍秋刀魚一週二、三百瓦ヲ給シ得タル

ノミナリ

昭和一九、八

獸肉ハ五月以降成豚不足中疫流行等ノ爲入手皆無ナリシモ本月末片肉

二三〇瓦入手以後引續キ入手可能ノ見込ミナリ



野菜魚肉ニ關シテハ前月ト大差ヲ認メズ

昭和十八、九

中旬以來牛肉ノ入手容易ニシテ四月以降分ニ對シテモ配給アリ依ツテ

魚類ノ給養ヲ中止セリ

嗜好品（胡椒、カレ―粉）及若芽ヲ給養ス

昭和一八、一〇

包米粉ノ給與量ヲ會社就勞者一八〇瓦其他八〇瓦ニ改ム依ツテ一人平均給與量ハ一四〇瓦強トナル

昭和一八、一一

從來包米粉ハ粥、高粱ハ粥又ハ「ス―プ」トシテ給養セシム砂糖及大豆ヲ夫々三〇瓦一六〇瓦ニ減給スルト共ニ時々重曹ヲ給シ米粉麵麩高粱珈琲（砂糖ナシ）等ニ調理セシメ物費ノ節約ヲ計リ同時ニ調理ノ單調ヲ防止セリ

昭和一八、一二

平日ノ砂糖給與量ヲ十二月五日ヨリ十五瓦ニ減量セリ

クリスマスノ夕食獻立左ノ通り實施ス

但シ林檎ヲ除キ平日減給ニ依ルモノニシテ増脂ニ非ズ

志ちゆり、煮豆、豚肉、野菜、ばい、林檎ばい、林檎、包米粉麵麩

麵麩

昭和一九、一

魚類ノ定量獲得概ネ確實トナリタルヲ以テ副食給養量一人一日平均左  
ノ如ク定メ本月ヨリ實施ス其ノ總熱量一〇九一カロリーニシテ主食ト  
併セ三一九〇カロリーナリ

獸肉 一四、 魚肉 一七、 野菜 六〇〇、 大豆 一六〇、  
其他

昭和一九、二  
副食總熱量一二〇〇カロリー内外主食ト併セ三三〇〇カロリー以上ナ

昭和一九、三  
俘虜小包入組品中ヨリ領置シアリタル粉末スーブ固型スーブハ其ノ一  
部ヲ全員ニ對シ献立外ニ給養セリ

昭和一九、四  
ノ、包米粉ノ給與量ハ重労働ニ從事スルモノ一九〇瓦輕労働ニ從事ス  
ルモノ一〇〇瓦ナル如ク調理分配セシム尙患者ハ軍醫ノ意見ヲ聽  
キ平均一九〇瓦ナリ

2、四月九日復活祭ニ際シ小麦粉、包米粉、野菜増配ス  
3、四月十六日休務日ニ付晝食ハ戦用繰下乾麵麵ヲ給與セリ尙包米粉  
減食セリ

昭和一九、五  
一人一日（平均）給養品目及量



小麥粉 四〇〇瓦 (將校三〇〇) ホーレン草 一〇〇瓦 砂糖 一八瓦  
 包米粉 一五〇瓦 獸肉 五瓦 高粱 八〇瓦 (將校六〇)  
 馬鈴薯 二〇〇瓦 大豆油 二〇瓦 大豆 一八〇瓦  
 人蔘 五〇瓦 葱 一〇〇瓦 魚肉 二一瓦  
 食鹽 三〇瓦 ソース 一〇瓦 胡椒カレール粉唐辛子 若干  
 全熱量 三三九七カロリー

昭和一九、六

一日一人平均給養左ノ如シ (單位瓦)

小麥粉 四〇〇 包米粉 一五五 高粱 八〇

大豆 一八〇 野菜 六〇〇 獸肉 二

魚肉 一八 大豆油 二〇 他調味料香辛料

以上總溫量三六七六カロリー

尙食酢ノ給養ニ依リ調理ノ單調化ヲ防止ス

昭和一九、七

一人一日平均給養左ノ如シ (單位瓦)

小麥粉 四〇〇 高粱 八〇 包米粉 一五〇 大豆 八〇

野菜 六〇〇 魚肉 一二 獸肉 五 其ノ他

總溫量 三二七八カロリー

昭和一九、八

一日平均給養量（單位瓦）

小麥粉	四〇〇	包米粉	一九〇	高粱	八〇	野菜	五三七
牛肉	七	魚肉	一三	大豆	一八〇	調味品	

右總溫量三四六〇カロリー

入室患者ヲ除キ全員就勞セルヲ以テ包米粉ハ最大限ヲ給セリ野菜ハ馬鈴薯、胡瓜南瓜ヲ主トシ給セリ尙西瓜及蕃茄各一回給養ス

昭和一九、九

一人一日平均給養量（單位瓦）

小麥粉	四〇〇	包米粉	一五〇	高粱	八〇	大豆	一八〇
生野菜	五五〇	砂糖	一八	大豆油	二〇	獸肉	二〇

ソース其他調味料

以上總熱量三四二五カロリー

昭和一九、十

給養一日平均一人當左ノ如シ

小麥粉	四〇〇	包米粉	一五〇	高粱	八〇	大豆	一八〇
獸肉	一三	魚肉	二二	大豆油	二〇	野菜	五八〇

其他調味料

以上總熱量三四二五カロリー

昭和一九、一一

月間一人一日平均給養左ノ如（單位瓦）



小麥粉 四〇〇 包米粉 一五〇 高粱 八〇 大豆 一八〇  
 獸肉 一七 大豆油 二〇 生野菜 七六六 其他 以上總熱量  
 三四三三カロリー  
 増賄左ノ如ク實施セリ  
 ノ、明治節 甘藷バイシ  
 2、各派遣所共労働狀況ニ應シ芋パン、馬鈴薯、甘藷、鹽等間食トシ  
 テ支給

昭和一九、一二

一人一日平均給養量(瓦)

小麥粉 四〇〇 高粱 八〇 包米粉 一五〇 大豆 一八〇  
 獸魚肉 二三 大豆油 二〇 砂糖 一一三 野菜 六三〇 其他  
 以上總熱量 三四三六カロリー  
 十二月二十五日クリスマス増賄(本所)甘藷バイ林檎他ニ就勞先會社  
 ヨリ獸肉

昭和二〇、一

月間一人一日平均給養左ノ如シ(單位瓦)

小麥粉 四〇〇 包米粉 一五〇 高粱 八〇 大豆 一八〇  
 生野菜 七〇〇 獸魚肉 二〇 大豆油 二〇 其他砂糖ソース  
 以上總熱量 三五一七カロリー

増賄左ノ如

イ、正月元旦 林檎一人一五〇瓦  
ロ、派遣所ニ於テ就勞狀況ニ應シ鹽大豆油等若干増給シアリ

昭和二〇、二

月間一人一日平均給養左ノ如シ（單位瓦）

小麥粉	四〇〇	包米粉	一五〇	高粱	八〇	大豆	一八〇
大豆油	二〇	生野菜	七〇〇	獸魚肉	二〇	其他砂糖ソ	
ス以上總熱量	三五一七	カロリー					

昭和二〇、三

月間一人一日平均給養分量左ノ如シ（單位瓦）

小麥粉	四〇〇	包米粉	一五〇	高粱	八〇	大豆	一八〇
生野菜	七〇〇	大豆油	二〇	其他ソース砂糖	以上總熱量		
				三四一二	カロリー		

昭和二〇、四

麵麴給養左ノ如ク二十五日夕食ヨリ實施ス

（イ）一箇ニ付小麥粉五〇瓦包米粉五〇瓦使用ス

（ロ）一日將校文官三箇 下士官四箇 就勞者ニハ一日一箇増加ス

月間一人一日給與量（就勞下士官兵）

小麥粉	三七五	包米粉	一六七	高粱	八〇	大豆	一七五	野菜	五〇〇
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大豆油二〇 食鹽三〇 砂糖一三 獸肉四 魚肉七 總熱量 三三二八カロリー

昭和二〇、五

月間一人一日給與量（就勞下士官兵）

小麥粉二五〇瓦 包米粉二五〇瓦 高粱八〇瓦 大豆一五〇瓦  
野菜一〇三八 濃厚食酢〇、一四 以上總熱量 三〇一〇カロリー

昭和二〇、六

月間ニ於ケル糧食品給養日量左ノ如シ

イ、主食

將校 小麥粉 一五〇瓦 包米粉 一五〇瓦 高粱 六〇瓦  
勞務 小麥粉 二五〇瓦 包米粉 二五〇瓦 高粱 八〇瓦

ロ、副食

大豆一四一瓦 砂糖一〇瓦 食鹽三〇瓦 大豆油五、二瓦  
ソース四、八瓦 獸肉四、九瓦 魚肉五、六瓦 ホーレン草三七  
一瓦 白菜一二七、一瓦 甘日大根七七、六瓦 葱一四四、一瓦  
菲七、八瓦 菜豆一、九瓦 馬鈴薯一六六、七瓦 人蔘二八瓦

（野菜類計五九〇、三瓦トス）

以上